**I Want to Do Letter**(during this month, quarter, year)

**Name:** **Date:  
1 – Family:** I will   
 **2 – Relationships:** I will

**3 ­– Work, School, Caring for Others, etc.:** I will

**4 – Health, Fitness, Diet, and Self-Care:** I will

**5 – Community Involvement:** I will

**6 ­– Spirituality and Religion:** I will  
  
**7 – Recreation:** I will **8 – Creativity:** I will

**9 ­– Money and Finance:** I will   
  
**My One-Year Vision:**

**My Five-Year Vision:**

**My Twenty-Year Vision:**

2023, check out more articles, videos, and storytelling in small groups at www.lifesjourney.us