**I Want to Do Letter**(during this month, quarter, year)

**Name:** **Date:
1 – Family:** I will
 **2 – Relationships:** I will

 **3 ­– Work, School, Caring for Others, etc.:** I will

 **4 – Health, Fitness, Diet, and Self-Care:** I will

**5 – Community Involvement:** I will

 **6 ­– Spirituality and Religion:** I will

**7 – Recreation:** I will **8 – Creativity:** I will

 **9 ­– Money and Finance:** I will

**My One-Year Vision:**

**My Five-Year Vision:**

**My Twenty-Year Vision:**

2023, check out more articles, videos, and storytelling in small groups at www.lifesjourney.us